

**Council Approval:** Required

**Certificate of Insurance (COI):** Required from vendor providing this activity for Council Approval. Visit [GSNI's webpage](#) for information on requesting a COI from the venue.

**Activity Permitted for:** J, C, S, A

**Activity Not Permitted for:** Daisies and Brownies\*

*\*Daisies and Brownies are not quite ready to participate in model rocketry (as defined below), but they can participate in simple science experiments like air-powered drinking straw rockets, balloon rockets, stomp rockets, or water-powered bicycle pump rockets.*

*\*Daisies and Brownies may observe model rocket launches at a safe distance.*

### About Rocketry

Launching model rockets is a relatively safe and inexpensive way to learn about the principles of engineering, design, physics, and in some cases, chemistry. Model rockets are constructed of paper, wood, plastic, and other lightweight materials and use an electrical launch system. Sport



rocketry clubs can be found in communities across the United States.

Volunteers should use basic safety principles, including eye safety and safe distances when setting up simple rocketry experiments. For guidance, see [Miscellaneous Activities Safety Activity Checkpoints](#) and always consult the safety standards in the [Introduction: Standard Safety Guidelines](#).

**Note:** *Rockets over 1,500 grams are considered "high powered rockets" and require certification from the National Association of Rocketry. These types of rockets would be fulfilled by a vendor only and the vendor will need to provide GSNI with a Certificate of Insurance. .Radio controlled rocket gliders are not approved.*

### Learn More

- [National Association of Rocketry](#)
- [NASA Beginners Guide to Model Rockets](#)
- [Estes Model Rockets Education](#)

**Include Girl Scout Members with Disabilities.** Talk to Girl Scout members with disabilities and their caregivers. Ask about needs and accommodations. Always be sure to contact the location and/or the instructor in advance to ensure they are able to accommodate those with disabilities.

**Equity.** Consider the history, culture, and past experiences of the Girl Scout members in your troop that could affect their ability to equally participate in an activity. Work with members and families to understand how an activity is perceived. Ensure that all Girl Scout members and their families feel comfortable and have access to whatever is needed to fully participate, such as proper equipment, prior experiences, and the skills needed to enjoy the activity. See the Equity section of the [Introduction to Safety Activity Checkpoints](#) for general advice about expense,

**Emergency Action Plan (EAP).** Review and document your Emergency Action Plan (EAP) before starting any activity and review it so all are prepared. Think through scenarios of what can go wrong such as an accident, physical injury, missing person, sudden illness, or sudden weather or water emergencies. Troops must provide one adult certified in Adult and Pediatric CPR/First Aid/AED.

## Rocketry Checkpoints

**Verify instructor knowledge and experience.** Make sure that the facilitator has experience with model rocketry and understands common safety protocols. Consider partnering with your local rocketry club or science teacher who may have experience with model rockets.

**Assess maturity level.** Participants must be old enough to understand safety procedures and handle equipment so as not to endanger themselves and others.

**Launch site.** Launch rockets outdoors in an open area. Choose a large open area or field that is free of crowds, away from power lines, buildings, tall trees, and low-flying aircraft. The larger the launch area, the better the chance of recovering the rocket. Football fields, parks, and playgrounds often work well. According to the National Association of Rocketry, launch site size depends on the size of the rocket and should be at least as large as the recommendations in the table below. Set up safety zones for launch and for observation (at least 15 feet away with D motors or smaller and 30 feet away with larger rockets).

Source: [Get Started with Estes](#)

Launch Site Dimensions		
Installed Total Impulse (N-sec)	Equivalent Motor Type	Minimum Site Dimensions (ft.)
0.00 - 1.25	1/4A, 1/2 A	50
1.26 - 2.50	A	100
2.51 - 5.00	B	200
5.01 - 10.00	C	400
10.01 - 20.00	D	500
20.01 - 40.00	E	1000
40.01 - 80.00	F	1000

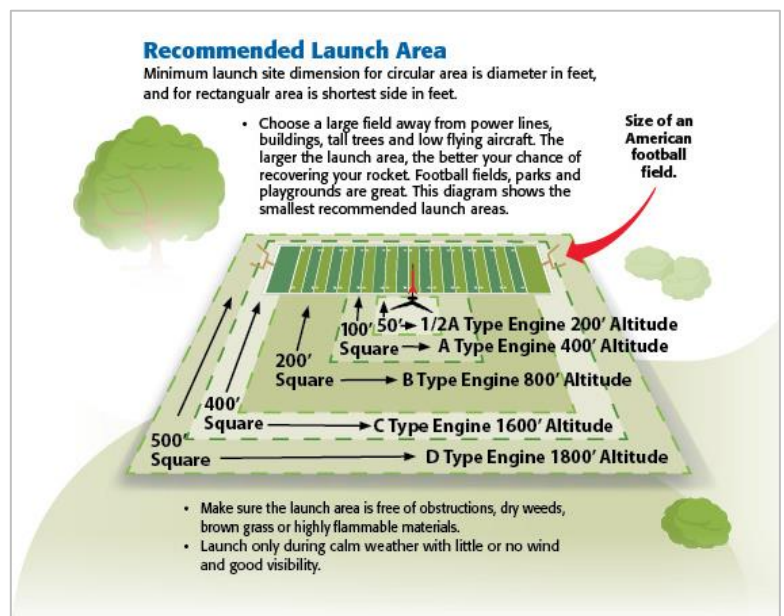
\*Based on the [Model Rocket Safety Code](#) of the National Association of Rocketry

**Prepare for emergencies.** Follow your Emergency Action Plan (EAP) and always have a first aid kit available. Know ahead of time where the nearest emergency room is located. For this activity, have a specific preparedness plan in case of grass fires.

**Get Permission. Check local ordinances.** You should always check with your local city government for any special regulations that may apply to your area. Generally, you can fly most model rockets in a clear area the size of a football or soccer field.

**Follow FAA guidance.** For example, if you live near a U.S. border, take care not to cross over into the territory of a foreign country; or within the United States, be careful not to cross into a sovereign nation or territory; and never launch rockets near airports, low-flying aircraft, or military bases. Seek permission from the site and consider if permission is needed from any neighboring properties should rockets need to be recovered.

**Check weather conditions.** Check [Weather.com](#) for safe weather conditions. Be prepared to postpone the launch, if needed. Wind speeds should not be greater than 20 miles per hour. Safety-Activity-Checkpoints-305-AM-07022025



There should be no lightning storms predicted in the area. Ensure there is no dry grass close to the launch pad and that the launch site does not present risk of grass fires.

**Materials.** Ensure equipment and materials are in good working condition. Use materials that are lightweight and non-metal parts for the nose, body, and fins of the rocket. Rockets should not weigh over 1,500 grams. If they do, they will require a High-Power Rocketry Certification.

**Motors.** Use only certified commercially made model rocket motors. Do not tamper with the motors or use them for any purposes except those recommended by the manufacturer.

**Ignition system.** Launch rockets with an electrical launch system and electrical motor igniters. Launch system should have a safety interlock in series with the launch switch. Use a launch switch that returns to the “off” position when the rocket is released. Fuse-lit ignition is prohibited.

**Launch safety.** Use a countdown before launch and ensure observers are paying attention and at a safe distance. Safety zones may need to be adjusted based on wind conditions. Use a launch rod, tower, or rail that is pointed to within 30 degrees of vertical to ensure that the rocket flies nearly straight up. Make sure the rod is above eye level or capped off when not in use. Use a blast deflector to prevent the motor’s exhaust from hitting the ground. Consult the National Association of Rocketry for guidance on simultaneous launches.

**Flight safety.** Do not launch rockets at targets, into clouds, or near airplanes. Do not put any flammable or explosive payload on/in the rocket.

**Misfires.** If the rocket does not launch, have a plan to safely disconnect the battery and wait at least 60 seconds before allowing anyone to approach the rocket.

**Recovery.** Use a flame-resistant or fireproof recovery system such as a streamer or parachute on the rocket so that it returns safely and undamaged. Rockets may be used again if they are not damaged. Do not attempt to recover a rocket from power lines, tall trees, or other dangerous places.

**Dress appropriately for the activity.** Dress for the weather. Often launch sites lack shade. In hot weather make proper arrangements for shade, ensure that participants have sunscreen, and make water available.