



Fall Checklist for _____ Troop # _____

Get Outdoor Challenge! – Fall Activities

Visit a State Park on Girl Scouts Love State Parks Weekend	Help out protecting yours or a neighbors garden from frost	Learn about the new Girl Scout Leadership Awards
Go on a bike ride with your family	Walk to or home from school	Have a campfire and roast s'mores
Focusing on one or more of the Indigenous communities of Latin America, learn about their role in creating recipes many of us enjoy today.	Make homemade soup and share with family or neighbors	Create a homemade gift for someone using items found in nature or that is inspired by nature
Roast marshmallows	Go apple picking	Rest in a hammock
Watch for the first snow of the season	Rake leaves for a neighbor or family member	Paint with mud
Make a pumpkin dessert with your troop	Move outside to feel great – and earn a step of your Body Appreciation Badge!	Go on a hay ride or horseback riding
Attend a local Girl Scout event with your troop	Roast pumpkin seeds	Have a fall picnic at the park
Watch your favorite fall movie	Go fishing	Visit a corn maze
Boost your photography skills and host your own fall photoshoot outdoors	Watch the sun set	Throw a Back to Girl Scouts party with your troop
Have a potluck with family and friends	Make hot chocolate or apple cider	Do your schoolwork outside.
Learn why the leaves change colors on trees	Go stargazing and learn about fall constellations	Visit one of GSNI's Camps in the fall.
Celebrate Juliette Gordon Low's birthday with your Girl Scout troop	Build your confidence by earning a step of the True North Award .	Bake and decorate cookies

Learn about three different medicinal plants or herbs that Native American communities use for healing.	Spend a day unplugged and outdoors with family.	Give back! Support the GSNI Camp Rangers and partake in a camp service day
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Get Outdoor Challenge! – Fall Activities continued

Make your own maracas and play a concert outside	Learn about nocturnal animals	Learn 2 new knots and how you can use them camping or being outdoors
Watch the sunrise on the shortest day of the year	Write a poem or song about the changing season	Cook a Native American recipe with your Girl Scout Troop
Paint a pumpkin.	Make a needle felt acorn or leaf.	Track the phases of the moon
Discover all you can about Our Cabaña: its history, location, style, song, and the programs offered.	Surround yourself with positivity – starting with spending more time outdoors!	Go on a fall scavenger hunt around your neighborhood
Write your name on the ground out of fallen leaves	Make a chalk obstacle course	Play fall games outdoors
Have a campfire cookout.	Take a notebook on a hike and journal	Make a fall centerpiece for your table or desk
Make flower arrangements using fall flowers	Create a gratitude journal or collage	Make autumn trail mix

Number of Activities Required Per Grade Level

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	40

From September 21 to December 20, complete as many activities as possible from the list above. Once you have finished the required number of activities for your grade level, hand this form into your troop leader and/or parent. They will make arrangements for you to receive your Get Outdoors Challenge participation patch.

Center patch cost is \$2.00

Seasonal rocker patches cost \$1.25

Have fun sharing your stories and pictures with us by emailing stories@girlscoutsn.org