



Summer Checklist for _____ Troop # _____

Get Outdoor Challenge! – Summer Activities			
	Paint with bubbles	Identify three birds you see outside	Make up a dance in the sun
	Make a river out of foil or down a curb and race small boats	Create a masterpiece out of chalk	Make a solar oven and cook s'mores
	Make your own trail mix and bring it on a hike	Try tie dying with ice	Plant flowers or plants that help pollinators
	Go fishing!	Fly a kite	Brew sun tea
	Help take care of a family or friend's garden	Try photography outdoors!	Host a field day for friends and plan outdoor games together
	Draw shadows	Go on a nature or color hike	Zip down the Mary An Beebe Center zipline
	Use finger paints to create an outdoor summer scene	Earn a Girl Scout Multicultural patch of your choice	Make an All About Me collage with your favorite summer activities
	Make a suncatcher	Visit a campground	Try ice cube painting
	Build a shelter out of natural items	Earn your Outdoor Art Badge for your Girl Scout level	Make a nature craft using fallen leaves
	Visit one of GSNI's camps and complete the scavenger hunts	Have a screen free day outside	Create a nature journal and log what you see outside
	Learn to identify poison ivy and how to care for it	Learn how to measure how tall a tree is	Jump in puddles after a rain storm
	Make a maze out of chalk	Watch a meteor shower	Make sun art
	Take a sunset walk around your neighborhood	Try a new water game or activity	Watch a parade
Get Outdoor Challenge! – Summer Activities continued			

	Eat a meal outdoors		Stargaze and learn about local constellations		Go on a bug hunt
	Celebrate Girl Scouts Loves State Park weekend		Go bird watching		Spend a day screen free
	Learn how to use a compass or read a map		Find tracks and footprints from local wildlife		Visit a fair or can
	Help grill or cooking over the fire		Take a walk in the rain		Record the changing moon phases over a month
	Try trail running or hiking		Stretch or do yoga outside		Make a windchime
	Go on a picnic with friends		Watch fireworks		Learn the 7 principles of Leave no Trace
	Look for the Northern Lights towards the end of summer		Learn why sunscreen is important		Learn about summer solstice celebrations around the world

Number of Activities Required Per Grade Level

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	40

From June 21 to September 20, complete as many activities as possible from the list above. Once you have finished the required number of activities for your grade level, hand this form into your troop leader and/or parent. They will make arrangements for you to receive your Get Outdoors Challenge participation patch.

Center patch cost is \$2.00

Seasonal rocker patches cost \$1.25

Have fun sharing your stories and pictures with us by emailing stories@girlscoutsni.org