



Summer Checklist for \_\_\_\_\_ Troop # \_\_\_\_\_

Get Outdoor Challenge! – Summer Activities		
Take a selfie at a State Park	Make a nature inspired gift for a family member	Visit a zoo
Go outside at night and watch for fireflies	Find wildlife tracks	Go fishing
Eat a meal outside	Fly a kite	Make your own trail mix
Help with yard work	Brew sun tea	Attend Girl Scout Summer Camp
Have a day of being screen free	Identify three birds in your community	Complete the high ropes course at Camp McCormick
Draw a map of your neighborhood	Make your own rock candy	Create a nature journal and use it on a hike!
Observe the Perseids Meteor Shower (July 14-September 1)	Observe and record the changing phases of the moon	Make homemade lemonade
Make a fairy garden	Jump in puddles!	Go running or jog for a mile
Go on a bird hunt at Mary Ann Beebe Center	Go Geocaching	Bake cookies and bring them to your local police or fire department
Learn how to use a compass, and teach it to your family, friends, or troop.	Blow bubbles outside	Make a bird feeder!
Celebrate national S'mores Day (August 10)	Attend or participate in a 4 <sup>th</sup> of July parade	Learn about "Leave No Trace"
Earn any Outdoor Art Badge	Go camping at a campground or in your backyard with your family.	Learn about different summer solstice celebrations around the world.
Make suncatchers	Go mini golfing	Go kayaking

## Get Outdoor Challenge! – Summer Activities continued

Build an anemometer & measure the wind's speed.	Learn about pollinators and how to protect them	Look for bird feathers
Play hopscotch	Go berry picking	Go swimming outside
Attend any council sponsored event	Pick up litter in your neighborhood or at a park	Have a tea party outdoors with your family or friends
Pick up trash around your neighborhood	Go to a carnival or fair	Read outside for 30 minutes
Make up your own water games with your friends	Do yoga outside	Learn a new constellation
Run through a sprinkler or slide on a slip and slide	Make your own frozen treat	Make a windchime and hang it outside
Make an outdoor obstacle course for your family	Use binoculars to see something far away	Hike a trail at a local forest preserve

## Number of Activities Required Per Grade Level

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	40

From June 21, 2023 - September 22, 2023, complete as many activities as possible from the list above. Once you have finished the required number of activities for your grade level, hand this form into your troop leader and/or parent. They will make arrangements to make sure you receive your Get Outdoors Challenge participation patch.

Center patch cost is \$2.00

Seasonal rocker patches cost \$1.25

Have fun sharing your stories and pictures with us by emailing [stories@girlscoutsni.org](mailto:stories@girlscoutsni.org)