



Outdoor Activities & Adventures

In the outdoors, girls' learn and practice important skills, experience unforgettable adventures, triumph through individual and group challenges, and get inspired to care for the environment. Each new adventure boosts girls' confidence!

Skill-building Categories include:

Outdoor Skills

Girls gain the skills needed to survive in the wilderness, without modern-day conveniences.

Topics include: trail signs and signaling, knot tying, outdoor cooking, clothing and gear, fire skills, wilderness first aid, shelter building, water purification, campsite maintenance, orienteering, sanitation

Environmental Education & Action

Girls learn how ecosystems are interrelated and how to impact the environment for good.

Topics include: plant and wildlife identification, Leave No Trace principles, use of plants, invasive species, wildlife sounds, observing the night sky, food web, healthy ecosystems

Outdoor Adventures

Girls gain confidence by trying something new, overcoming fear in a safe environment, and practicing to improve upon specific skills.

Topics include: zipline, caving, hiking, rock climbing, challenge courses, archery, geocaching and letterboxing, horseback riding, backpacking, winter sports

Aquatic Adventures

Girls gain confidence by trying something new, overcoming fear in a safe environment, and practicing to improve upon specific skills.

Topics include: canoeing, kayaking, rafting, stand-up paddle boarding, swimming, fishing, lifeguarding


Career
& Interest
Exploration


Travel
& Global
Community


Outdoor
Activities &
Adventures


Practical
Life Skills