



Resources for older girl video:  
**You Go Girl! Created for Girls by Girls**

Video can be found here: <https://youtu.be/ab3NWThi9sc>.

Project completed by GSNI's Audrey Pack- a 2020 Gold Award Girl Scouts, 2020 National Gold Award Girl Scout Nominee, and 2020 GSNI Scholarship recipient. **100% girl-led and created!** A 4 ½ minute video featuring our very own GSNI older girls talking about some of the great experience older girls can have in Girl Scouting!

Resources:

- Video is an example of our GSLE (Girl Scout Leadership Experience).
  - **5 ways Girl Scouts Builds Girl Leaders**  
<https://www.girlscouts.org/content/dam/girls5 Ways-Girl-Scouts-Builds-Girl-Leaders>
- Referring back to some of the things the girls mentioned in the video:
  - **Mentoring** – Link to GSNI's Teen Leadership Guide:  
<https://www.girlscoutsni.org/content/dam/girlscouts-girlscoutsni/documents/LeadershipScholarship/Complete%20Leadership%20Guide.pdf>
  - **Leadership**-Link to GSNI's Leadership Paths:  
<https://www.girlscoutsni.org/en/activities/community-service1.html>
  - **Confidence**- Handout: "Support for Girls During Their Turbulent Teen Years"/ Leadership Identity/ Academic Achievement and Active Learning/Social and Emotional Well-Being: <https://www.girlscoutsni.org/content/dam/girlscouts-girlscoutsni/documents/CouncilInformation/Research.pdf>
  - **Travel/World Centers**- Link GSNI's Travel page-  
<https://www.girlscoutsni.org/en/about-girl-scouts/our-program/ProgramStrategyProcess/travel-and-global-community.html>
  - **Highest awards**- Link to GSNI's Highest Awards page-  
<https://www.girlscoutsni.org/en/about-girl-scouts/our-program/highest-awards.html>
  - **Community Service**-Link to GSNI's Community Service page-  
<https://www.girlscoutsni.org/en/activities/community-service1.html>

- **Camp**- Link to GSNI's Camp page- <https://www.girlscoutsni.org/en/camp/get-outdoors-with-GSNI.html>
  
- Why Girl Scouts for older girls is important—now more than ever! We can all agree middle school, junior high, and high school is a stressful time for girls. Today's girls need a boost in building skills, behaviors, and attitudes to effectively navigate their environment, work well with others, and achieve their goals. Our [Girl Scout Success Framework](#) addresses these skills and provides these opportunities tailored specifically to what girls need.
  - [https://www.girlscoutsni.org/content/dam/girlscouts-girlscoutsni/documents/CouncilInformation/GSSF\\_framework\\_BB.pdf](https://www.girlscoutsni.org/content/dam/girlscouts-girlscoutsni/documents/CouncilInformation/GSSF_framework_BB.pdf)
  
- Girl Scout leadership in the younger years focuses on building friendships, self-esteem, positive values, and making good choices. Older girls become progressively more efficient at doing this and become leaders and agents of change in their community. The Girl Scout Research Institute's [The Girl Scout Alum Difference](#) backs up this research.
  - <https://www.girlscouts.org/en/discover/about-us/research-and-data/girl-scout-alum-difference.html>
  
- Testimonies from former GSNI Ambassadors:



*“One of the most valuable gifts I’ve received from this organization is courage: the courage to express my ideas, to talk to people, and to fail, all while knowing I have support from both my sisters and my mentors.”*

*~Caitlin F.*

*“Without Girl Scouts providing me with the fundamental skills to grow and develop my confidence, I would have never grown out of my shell and been able to help others out of theirs as well.”*

*~Cassidy B.*





*“I can wholeheartedly say that growing up with the organization by my side has equipped me with experiences that have shaped my determined, independent, and community-orientated character. Girl Scouts has shaped me to be selfless mainly through the Bronze, Silver, and Gold Awards. I know I have made the world a better place by being a Girl Scout.”*  
~Samantha C.

- Reminder for older girl Troop Leaders- **Girl Scouts of Northern Illinois Older Girl Group Facebook page** is a great way to connect with other troop leaders and share ideas and opportunities!