



# COME JOIN THE FUN!



Sign up today! Our next 8-week session starts January 2!!

Session 3: January 2–March 4

Session 4: March 5–April 29

## Figure Skating

### Parent & Tot Class (3 to 5 years old with parent)

Our NEW Parent & Tot class is designed to introduce basic skating skills. Skaters will progress to our SnowPlow Sam classes where they begin to advance on their own.

### Snowplow Sam 1,2,3 (3 to 5 years old)

Introductory class for young children to beginning skating skills in an atmosphere of fun using games and ice-safe toys.

### Basic 1–8 (6 yrs and up)

Basic 1 is for those who have never skated or have never had formal lessons. Lessons progress through Basic 8 where skaters learn moving 3-turns, combination steps, and waltz jumps.

### Freeskate 1, 2, 3, 4, 5, 6

Skaters will begin with 10 minutes of power skating and then divide by levels for 40 minutes of instruction for the maneuvers of their specific level.

### Freeskate Bronze, Silver, Gold

Upon completion of Freeskate 6, skaters progress to the Bronze Level. Skaters will be working on high level jumps and spins.

### Teens - Adults

For beginners and those wishing to improve their skating skills.

### Specialty Classes

Classes include Power/Edge, Moves in the Field, Footwork, Spin & Jump, Axel Jump, Music Interpretation. Please see leafsicecentre.com for complete descriptions.

## Hockey

### Hockey Learn To Skate 1

For those who have never skated or have never had formal lessons. Skaters will learn the basics of balance, marching, gliding and other skating concepts for confidence on the ice.

### Hockey Learn To Skate 2 (Prerequisite: HLTS1)

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backward skating and beginning work on snow-plow stops.

### Pre-Hockey 1–3

This program starts with techniques like striding, backward swizzles, 1 foot scooters pushes, 2 foot turns, 1 foot hockey stops and other skating agility moves. Players progress to honing their hockey skills for competitive team play on an In-House Little Leafs Team.

### Advanced Scooters (Prerequisite: enrollment in PH-3 or LL In House)

Designed for players enrolled in Pre-Hockey 3 or LL In-House who are interested in additional practice and scrimmage ice time. The goal is to develop an understanding of team game play, confidence in puck handling, shooting and passing.

### Little Leafs Advanced Skills (Prerequisite: PH-3 or LL In House)

Develops the hockey skills necessary for both house and travel hockey. This program will develop and improve skating with the puck, stick handling, passing, shooting and more. Players will also learn to skate with eyes up while skating with the puck.

### Intro To Scooters & Skills (Prerequisite: Enrollment in PH-2)

Skaters will get their first game and puck action in this class.

Visit [leafsicecentre.com](http://leafsicecentre.com) for complete information on all the exciting classes & fun that the Leafs Ice Centre offers for the entire family!!

#### Public Skate Schedule

Monday	Noon - 2:00pm	Saturday	Noon - 2:00pm
Friday	Noon - 2:00pm	Saturday	8:00pm - 10:00pm
Friday	8:00pm - 10:00pm	Sunday	1:30pm - 3:30pm
Admission: \$7.00 • Skate Rental: \$3.00 • Skate Tutor: \$3.00			

#### Birthday Parties

Check out our Birthday Bash Party Packages! Starting at only \$99! Download the flyer at:

[leafsicecentre.com](http://leafsicecentre.com)



# LEAFS ICE CENTRE

[www.leafsicecentre.com](http://www.leafsicecentre.com)

(847) 844-8700

The Leafs Ice Centre is located in West Dundee on Route 72 one half mile West of Randall Road.