



FOR IMMEDIATE RELEASE

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GIRLS SOUGHT TO BECOME SKILLED SNACK SPECIALISTS

DeKalb/Sycamore — Girl Scouts of Northern Illinois is seeking girls from the DeKalb and Sycamore areas to learn how to specialize in creating healthy snacks, including how to make them at home, on Saturdays, March 10 and 24, from 9:30–11:30 A.M. at the HyVee grocery store, 2700 DeKalb Avenue in Sycamore.

There is a \$25 per girl fee with no fee for adult chaperones. Participants can save \$5 by registering for both sessions at once. Registration deadline to register for both sessions at once is February 22. Participants may also register for individual sessions at \$15 per girl fee with no fee for adult chaperones. Registration for March 10 session ends February 22. Registration for the March 24 session ends March 7.

This program is open to all girls in grades 2–3. There is an additional one-time \$12 fee for non-Girl Scouts. This fee registers participants as Girl Scouts, allowing them to participate in this program, as well as many others. To register, call Jean Henn at 815-235-8777, Ext. 7132.

Session 1: Girls will learn what's to love about healthy snacks and how to make them at home. Participants will go on a scavenger hunt around HyVee grocery store to discover the best snacks for their bodies and find out where food originates. A HyVee chef will also be on hand to instruct girls.

Session 2: Girls will try their hands in the HyVee Kitchen as they make three different snacks—sweet, slurpy, and one to promote energy. A HyVee chef and dietician will be there to help girls discover healthy snacking options.

About Girl Scouts of Northern Illinois

Girl Scouts of Northern Illinois serves nearly 20,000 girls and 6,000 adult volunteers in parts or all of Boone, Carroll, Cook, DeKalb, DuPage, Jo Daviess, Kane, Kendall, Lake, LaSalle, Lee, McHenry, Ogle, Stephenson, Whiteside, and Winnebago counties.

Through the Girl Scout Leadership Experience, girls in grades K through 12 are engaged in discovering themselves, connecting with others, and taking action to make the world a better place. Girls develop leadership potential by participating in age-appropriate activities that enable them to discover their values, skills, and the world around them. Activities in science and technology, business and economic literacy, and outdoor and environmental awareness provide girls with opportunities for fun and friendship while fostering the development of leadership skills and self-esteem. For more information on 100th anniversary activities, or how to join, volunteer, reconnect or donate to Girl Scouts of Northern Illinois, visit www.girlscoutsni.org or call 1-800-242-5591.

About Girl Scouts of the USA

Founded in 1912, Girl Scouts of the USA is the preeminent leadership development organization for girls with 3.2 million girl and adult members worldwide. Girl Scouts is the leading authority on girls' healthy development, and builds girls of courage, confidence, and character, who make the world a better place. The organization serves girls from every corner of the United States and its territories. Girl Scouts of the USA also serves American girls and their classmates attending American or international schools overseas in 90 countries.

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