



Program Update February 18, 2010

UPCOMING DEADLINES

To register online, or to download a program registration form, visit www.girlscoutsni.org (Girls/Program Events).

Fun with Yoga

Through age-appropriate activities, yoga instructor Lisa Gniady will introduce girls to a variety of yoga poses and the many benefits yoga provides. This class is a great jumping-in point for earning the council's Yoga patch.

Location: GSNI Elgin Service Center
12N124 Coombs Road
Elgin, IL

Fee: \$7.50 per girl
\$7.50 per adult if participating (Leaders and parents are welcome to participate.)

Min./Max.: 10/45

Registration: Ends Feb. 23; Troop/group and/or Individual. Troops/groups registering must meet the proper girl/adult ratio.

DAY	DATE	TIME	LEVEL
Tue.	Mar. 9, 2010	3:30-4:30 P.M.	DA, BR, JR