



juniors

Program E-mail Update December 2011

To register for council-sponsored programs online, or to download a program registration form, visit www.girlscoutsni.org (For Girls → Program Events).

UPCOMING DEADLINES

Registration for the following programs is currently ongoing unless otherwise noted

TRUE YOU! [40]

Journey Connection: aMUSE

According to a Dove study, 51% of all women wish their mothers had talked to them more often about beauty and body image when growing up. The *true you!* program is the perfect opportunity girls and their moms or other female mentors to do just that by getting together and getting to know each other a little better. Girls, spend the afternoon learning what it was like when your mom was your age and where beauty fits into your family values. Moms, find out how being a girl has changed over the years. Learn tips for good communication and see that you're more similar than you realized. Plus, work together to make a scrapbook, decorate a special scrapbook, and more.

Who: Girl Scout Juniors and Their Moms/Other Female Mentors
Date: Saturday, January 7, 2012
Time: 10:30 A.M. - 3:30 P.M.
Location: McHenry Bank and Trust, 273 West Route 120, McHenry, IL
Fee: \$8 per Girl / \$8 per Adult; \$6 per Additional Girl (Must be Junior age level.)
Notes: (1) Each girl must attend with her mom or other female adult.
(2) An additional daughter may attend, but she must be Junior age level.
Includes: Fun Patch
Min. / Max.: 5 / 20 Girls - 5 / 20 Adults
Registration: Ends December 21, 2011
Staff Contact: Brooke Radford, Ext. 7147

SELF DEFENSE [41]

Journey Connection: aMUSE

Learn how to stand strong and stop the bullying by developing self-esteem and confidence with martial arts. Find out how to identify the signs of bullying, what to do in a stranger situation, and how to stay safe online. Then take a self-defense class and see how staying safe is about using your smarts-not your fists!

Who: Girl Scout Juniors
Date: Saturday, January 7, 2012
Time: 1 - 2:30 P.M.
Location: Kyuki-Do Martial Arts Academy, 792 South McLean Boulevard, Elgin, IL
Fee: \$5 per girl, plus a donation for the Community Crisis Center /
No fee for adult chaperones, but registration is required.
Includes: Girl Scouts Heart of New Jersey's Self Defense Badge
Min. / Max.: 20 / 40 Girls - 1 / 20 Adults
Registration: Ends December 21, 2011
Note: A signed waiver will be required for this event.
Staff Contact: Brooke Radford, Ext. 7147

JUNIORS DISCOVER DRAWING SERIES [AS1]

Badge Connection: Artist Legacy Badge

In this badge workshop you will experiment with different drawing mediums such as pencil, charcoal and conte crayon. Learn the basics of drawing such as setting up a still life, shading/blending techniques and perspective. Bring an object with you that represents what it means to you to be a Girl Scout. Girls will work together to make a still life from their things. In the second half of this workshop you will continue experimenting with pencil, charcoal and conte crayon, as well as colored dry pastel. Using the skills you learned in the first part of the workshop you will design your own cookie company sign to help market and sell Girl Scout cookies. You will also learn how to properly protect your finished drawing using spray fixative. Matting and mounting techniques for your art work will also be covered.

Who: Girl Scout Juniors
Date: Saturday, January 14, 2012 and February 4, 2012
Time: 10 A.M. – 12:00 NOON
Location: Freeport Art Museum, 121 N. Harlem Avenue, Freeport
Fee: \$30 per girl/\$20 per girl if member of the museum; no fee for adult chaperones
Includes: Fun Patch
Min. / Max.: 10 / 20 girls; 2 / 10 adults
Registration: Ends January 3, 2012
Note: Girls will complete steps 1-4 of the badge requirements and will be prepared to complete the last step on their own.
Staff Contact: Meghan Richards, Ext. 7148

VERBAL DEFENSE FAMILY DAY [47]

Learn how to keep your family safe by working together and using skills to reduce conflict, keep fights from escalating, and deal with bullies, all while gaining confidence and having fun together!

Who: All Girl Scouts and Their Families
Date: Saturday, January 21, 2012
Time: 3 - 4:30 P.M.
Location: Kyuki-Do Martial Arts of Huntley, 10993 Ruth Road, Huntley, IL
Fee: \$3 per Participant (Child or Adult) , plus a donation item for It's Our Little Secret
Includes: Fun Patch
Min. / Max.: 15 / 40 Participants
Notes: (1) Girls must register with at least one adult family member.
(2) Siblings over five are welcome.
(3) A signed waiver will be required for this event.
Registration: Ends January 4, 2012
Staff Contact: Brooke Radford, Ext. 7147

YOGA FOR YOU AND ME [49]

Journey Connection: aMUSE, MEdia, Mission Sisterhood

Strike a pose together in this special you-and-me yoga workshop. Take some time to relax together and stretch the stresses out of your life with yoga instructor Lisa Gniady.

Who: Girl Scout Juniors and Cadettes (with a Female Adult)
Date: Saturday, January 21, 2012
Time: 4 - 5 P.M.
Location: Barrington Area Library, 505 North Northwest Highway, Barrington, IL
Fee: \$15 per Pair/\$3 per Additional Daughter
Notes: (1) All girls must sign up with a female adult.
(2) An additional sibling may attend, but she must be at the correct age level.
(3) A signed waiver will be required for this event.
Includes: Fun Patch
Min. / Max.: 10 / 20 Girls - 10 / 20 Adults
Registration: Ends January 4, 2012
Staff Contact: Brooke Radford, Ext. 7147

CHICKEN SOUP FOR THE GIRL SCOUT SOUL [56]

Journey Connection: aMUSE

There's nothing better on a wintry day than homemade soup! Learn how to make soup from the field to the bowl—make stock, prepare veggies, and make your own egg noodles. While your soup simmers, help the farm crew care for the farm animals, then warm up with a bowl of truly homemade soup!

Who: Girl Scout Juniors and Cadettes
Date: Saturday, January 22, 2012
Time: 1 - 6 P.M.
Location: Angelic Organics Farm, 1547 Rockton Road, Caledonia, IL
Fee: \$32 per Girl / No fee for adult chaperones, but registration is required.
Min. / Max.: 8 / 12 Girls - 1 / 5 Adults
Registration: Ends January 4, 2012
Staff Contact: Brooke Radford, Ext. 7147

ROCK YOUR WORLD [51]

Program Focus: Adventure

Do you want to see the world from another angle? Then get ready to rock as you make your way up, up, up the indoor rock climbing wall at Vertical Endeavors! Learn a few climbing basics, then take to the wall for some high adventures. Perfect for first-time climbers! (Can't get enough? Check out "Crazy For Climbing" in our Spring booklet in February.)

Who: Girl Scout Juniors, Cadettes, Seniors and Ambassadors
Date: Saturday, January 21, 2012
Time: 10 A.M. - 12 Noon
Location: Vertical Endeavors, 28141 Diehl Road, Warrenville, IL
Fee: \$18 per Girl / No fee for adult chaperones, but registration is required.
Includes: Fun Patch
Min. / Max.: 8 / 45 Girls - 1 / 15 Adults
Registration: Ends January 4, 2012
Note: A signed waiver will be required for this event.
Staff Contact: Brooke Radford, Ext. 7147

YOGA UNPLUGGED [102]

Journey Connection: aMUSE, MEdia

Unplug for an hour and pose your way to total relaxation. Yoga instructor Lisa Gniady will show you how to melt away your stresses and how to create your own yoga poses to teach to your friends.

Who: Girl Scout Juniors and Cadettes
Date: Saturday, February 4, 2012
Time: 10:30 – 11:30 A.M.
Location: McHenry Bank and Trust, 2730 W. Rt. 120, McHenry
Fee: \$11 per Girl / No fee for adult chaperones, but registration is required.
Includes: Fun Patch
Min. / Max.: 10 / 40 Girls - 1 / 20 Adults
Registration: Ends January 18, 2012
Note: A signed waiver will be required for this event.
Staff Contact: Brooke Radford, Ext. 7147

CAMP EXPLORATION [103]

Pathways: Camp

Explore camp with your troop and/or family as you try various camp activities. Try cross country skiing (Girl Scout Juniors and older), sled down the Camp Dean sledding hill, create a winter time craft, and enjoy a delicious snack.

Who: All Girl Scouts and their families
Date: Saturday, February 4, 2012
Time: 10 A.M. – 2:00 P.M.
Location: Camp Dean, 46W253 Camp Dean Rd., Big Rock
Fee: \$10 per youth; \$5 per adult
Includes: Fun Patch

Min. / Max.: 20 / 50 youth; 2 / 30 adults
Registration: Ends January 18, 2012
Note: A signed waiver will be required for this event.
Staff Contact: Felecia Dupczak, Ext. 7161