



## Program E-mail Update December 2011

To register for council-sponsored programs online, or to download a program registration form, visit [www.girlscoutsni.org](http://www.girlscoutsni.org) (For Girls → Program Events).

### REGISTRATION EXTENTION

#### AMAZE JORNEY SERIES [AJS1]

Follow the twists and turns of the “Amaze” Journey through this seven-session, Saturday workshop series. This series is designed to connect Girl Scout Cadettes and explore the relationships and conquer challenges the girls can encounter while in middle school. Participants will work together to complete the “Amaze” Journey from start to finish. Discover how to deal with a bully, conquer peer pressure, and take action against a social issue. Completing the “Amaze” Journey will also help you meet one of the requirements for the Girl Scout Silver Award.

Who: Girl Scout Cadettes  
Date: Saturday, January 14, 2012, February 11, 2012, March 10, 2012, April 14, 2012, May 12, 2012  
Time: 10-2 P.M. (unless otherwise notified)  
Location: Camp Dean, Whispering Oaks, Big Rock, IL (unless otherwise notified)  
Fee: \$55 per Girl  
Includes: “Amaze” Journey workbook, Journey Awards, and program supplies for six sessions  
Min. / Max.: 8/20 Girls  
Registration: *open throughout the series*  
Staff Contact: Felecia Dupczak, Ext. 7161

#### MEdia Journey Series for Cadettes

Have you ever wondered how much of your life you’re spending in someone else’s reality? When you glance at a billboard, open a magazine, settle in for a movie, or surf the Web, you’re really reading someone else’s story. Using the power of girls, you’ll work together to create your own MEdia message to break stereotypes and tell your story. Go behind the scenes to see how those stories get made, and you’re bound to find some you’ll want to change—to capture the real ME in media! Join together with Girl Scout Cadettes as you work toward completing your MEdia journey. This is a great opportunity for girls planning to work on their Girl Scout Silver Award to complete the Journey prerequisite. Girls are also welcome to invite a non-Girl Scout friend to register for this series as well.

Who: Girl Scout Cadettes  
Dates: Jan. 6, 20; Feb. 3, 17; Mar. 4, 18; Apr. 6, 20; May 4  
Time: 5:30-7 P.M.  
Location: Hilltop Ministry Center, 8301 Mitchell Road, Roscoe, IL  
Fee: \$3 (Field trips may be added at an additional cost)  
Includes: materials for projects, crafts  
Registration: \$12 Girl Scout fee  
To register contact: Carolyn Wolfe @ 815-494-0508  
NOTE: Registration is open throughout the series

### UPCOMING DEADLINES

Registration for the following programs is currently ongoing unless otherwise noted

#### YOUR BEST DEFENSE [43]

Journey Connection: aMAZE; Girltopia; Mission Sisterhood; Your Voice, Your World

Did you know that one out of five victims of violent crime are between the ages of 12 and 17? Every girl wants to have a sense of safety, whether it's at school, with friends, at home, or walking around town. Join us in a safe and comfortable environment to learn self-defense skills designed to stop sexual harassment; how to stay safe at school, at home, and while dating; and how to deal with bullying.

Who: Girl Scout Cadettes, Seniors, Ambassadors  
Date: Saturday, January 7, 2012  
Time: 3 - 4:30 P.M.  
Location: Kyuki-Do Martial Arts Academy, 792 South McLean Boulevard, Elgin, IL  
Fee: \$5 per Girl / No fee for adult chaperones, but registration is required.  
Includes: Fun Patch  
Notes: (1) Girls will complete some of the requirements of the Your Best Defense Interest Project Award.  
A signed waiver will be required for this event.  
Min. / Max.: 20 / 40 Girls - 1 / 20 Adults  
Registration: Ends December 21, 2011  
Staff Contact: Brooke Radford, Ext. 7147

## **GIRL SCOUT SILVER AWARD WORKSHOP [56]**

Program Focus: Leadership

Are you interested in earning your Girl Scout Silver Award, but not sure where to start? Then this workshop is for you! Learn how to create a budget and a timeline as you plan and implement your Girl Scout Silver Award project.

Adults and leaders are welcome to attend, but must register for the workshop.

Who: Girl Scout Cadettes  
Date: Thursday, January 12, 2012  
Time: 6:30 - 8:30 P.M.  
Location: Bartlett Nature Center at James "Pate" Philip State Park, 2054 West Stearns Road, Bartlett, IL  
Fee: \$2 per Girl / \$2 per Adult  
Min. / Max.: 7 / 40 Girls - 2 / 20 Adults  
Registration: December 22, 2011  
Staff Contact: Pam Schneck, Ext. 7140

## **WHOOOSH [46]**

Journey Connection: Breathe

Discover the ins and outs of that stuff you breathe in this hands-on workshop all about air. Check our real working lungs, perform science feats that look like magic, experiment with "liquid air," and be blown away by the power of wind energy.

Who: Girl Scout Cadettes  
Date: Saturday, January 14, 2012  
Time: 9 A.M. - 12 Noon  
Location: Discovery Center Museum Rockford, 711 North Main Street, Rockford, IL  
Fee: \$14 per Girl / \$4 per Adult (Includes Admission to Museum)  
Note: Bring a sack lunch so you can stay after the workshop to explore the museum.  
Min. / Max.: 10 / 40 Girls - 2 / 10 Adults  
Registration: Ends December 27, 2011  
Staff Contact: Pam Schneck, Ext. 7140

## **VERBAL DEFENSE FAMILY DAY [47]**

Learn how to keep your family safe by working together and using skills to reduce conflict, keep fights from escalating, and deal with bullies, all while gaining confidence and having fun together!

Who: All Girl Scouts and Their Families  
Date: Saturday, January 21, 2012  
Time: 3 - 4:30 P.M.  
Location: Kyuki-Do Martial Arts of Huntley, 10993 Ruth Road, Huntley, IL  
Fee: \$3 per Participant (Child or Adult) , plus a donation item for It's Our Little Secret  
Includes: Fun Patch

Min. / Max.: 15 / 40 Participants  
Notes: (1) Girls must register with at least one adult family member.  
(2) Siblings over five are welcome.  
(3) A signed waiver will be required for this event.  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **YOGA FOR YOU AND ME [49]**

Journey Connection: aMUSE, MEdia, Mission Sisterhood

Strike a pose together in this special you-and-me yoga workshop. Take some time to relax together and stretch the stresses out of your life with yoga instructor Lisa Gniady.

Who: Girl Scout Juniors and Cadettes (with a Female Adult)  
Date: Saturday, January 21, 2012  
Time: 4 - 5 P.M.  
Location: Barrington Area Library, 505 North Northwest Highway, Barrington, IL  
Fee: \$15 per Pair/\$3 per Additional Daughter  
Notes: (1) All girls must sign up with a female adult.  
(2) An additional sibling may attend, but she must be at the correct age level.  
(3) A signed waiver will be required for this event.  
Includes: Fun Patch  
Min. / Max.: 10 / 20 Girls - 10 / 20 Adults  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **CHICKEN SOUP FOR THE GIRL SCOUT SOUL [56]**

Journey Connection: aMUSE

There's nothing better on a wintry day than homemade soup! Learn how to make soup from the field to the bowl—make stock, prepare veggies, and make your own egg noodles. While your soup simmers, help the farm crew care for the farm animals, then warm up with a bowl of truly homemade soup!

Who: Girl Scout Juniors and Cadettes  
Date: Saturday, January 22, 2012  
Time: 1 - 6 P.M.  
Location: Angelic Organics Farm, 1547 Rockton Road, Caledonia, IL  
Fee: \$32 per Girl / No fee for adult chaperones, but registration is required.  
Min. / Max.: 8 / 12 Girls - 1 / 5 Adults  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **ROCK YOUR WORLD [51]**

Program Focus: Adventure

Do you want to see the world from another angle? Then get ready to rock as you make your way up, up, up the indoor rock climbing wall at Vertical Endeavors! Learn a few climbing basics, then take to the wall for some high adventures. Perfect for first-time climbers! (Can't get enough? Check out "Crazy For Climbing" in our Spring booklet in February.)

Who: Girl Scout Juniors, Cadettes, Seniors and Ambassadors  
Date: Saturday, January 21, 2012  
Time: 10 A.M. - 12 Noon  
Location: Vertical Endeavors, 28141 Diehl Road, Warrenville, IL  
Fee: \$18 per Girl / No fee for adult chaperones, but registration is required.  
Includes: Fun Patch  
Min. / Max.: 8 / 45 Girls - 1 / 15 Adults  
Registration: Ends January 4, 2012  
Note: A signed waiver will be required for this event.  
Staff Contact: Brooke Radford, Ext. 7147

## **BALANCE THROUGH YOGA [52]**

Journey Connection: aMAZE; MEdia; Girltopia; Mission Sisterhood; Bliss: Live It! Give It!

Computers, cell phones, Internet, texts, and tweets! We're plugged into technology most of the day. Unplug for a while and find tranquility through yoga. Clear your mind and strengthen your body as you learn the beauty of calm.

Who: Girl Scout Cadettes, Seniors and Ambassadors  
Date: Saturday, January 21, 2012  
Time: 2 - 3 P.M.  
Location: State Street Dance, 9 North 4th Street, Geneva, IL  
Fee: \$10 per Girl / \$8 Adult (If Participating)  
Min. / Max.: 10 / 30 Girls - 10 / 30 Adults  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **YOGA UNPLUGGED [102]**

Journey Connection: aMUUSE, MEdia

Unplug for an hour and pose your way to total relaxation. Yoga instructor Lisa Gniady will show you how to melt away your stresses and how to create your own yoga poses to teach to your friends.

Who: Girl Scout Juniors and Cadettes  
Date: Saturday, February 4, 2012  
Time: 10:30 – 11:30 A.M.  
Location: McHenry Bank and Trust, 2730 W. Rt. 120, McHenry  
Fee: \$11 per Girl / No fee for adult chaperones, but registration is required.  
Includes: Fun Patch  
Min. / Max.: 10 / 40 Girls - 1 / 20 Adults  
Registration: Ends January 18, 2012  
Note: A signed waiver will be required for this event.  
Staff Contact: Brooke Radford, Ext. 7147

## **CAMP EXPLORATION [103]**

Pathways: Camp

Explore camp with your troop and/or family as you try various camp activities. Try cross country skiing (Girl Scout Juniors and older), sled down the Camp Dean sledding hill, create a winter time craft, and enjoy a delicious snack.

Who: All Girl Scouts and their families  
Date: Saturday, February 4, 2012  
Time: 10 A.M. – 2:00 P.M.  
Location: Camp Dean, 46W253 Camp Dean Rd., Big Rock  
Fee: \$10 per youth; \$5 per adult  
Includes: Fun Patch  
Min. / Max.: 20 / 50 youth; 2 / 30 adults  
Registration: Ends January 18, 2012  
Note: A signed waiver will be required for this event.  
Staff Contact: Felecia Dupczak, Ext. 7161