



ambassadors



## Program E-mail Update December 2011

To register for council-sponsored programs online, or to download a program registration form, visit [www.girlscoutsni.org](http://www.girlscoutsni.org) (For Girls → Program Events).

### UPCOMING DEADLINES

Registration for the following programs is currently ongoing unless otherwise noted

#### YOUR BEST DEFENSE [43]

Journey Connection: aMAZE; Girltopia; Mission Sisterhood; Your Voice, Your World

Did you know that one out of five victims of violent crime are between the ages of 12 and 17? Every girl wants to have a sense of safety, whether it's at school, with friends, at home, or walking around town. Join us in a safe and comfortable environment to learn self-defense skills designed to stop sexual harassment; how to stay safe at school, at home, and while dating; and how to deal with bullying.

Who: Girl Scout Cadettes, Seniors, Ambassadors  
Date: Saturday, January 7, 2012  
Time: 3 - 4:30 P.M.  
Location: Kyuki-Do Martial Arts Academy, 792 South McLean Boulevard, Elgin, IL  
Fee: \$5 per Girl / No fee for adult chaperones, but registration is required.  
Includes: Fun Patch  
Notes: (1) Girls will complete some of the requirements of the Your Best Defense Interest Project Award.  
A signed waiver will be required for this event.  
Min. / Max.: 20 / 40 Girls - 1 / 20 Adults  
Registration: Ends December 21, 2011  
Staff Contact: Brooke Radford, Ext. 7147

#### GIRL SCOUT GOLD AWARD WORKSHOP [57]

Program Focus: Leadership

Do you want to earn your Girl Scout Gold Award, but not sure where to start? Then this workshop is for you! Learn how to start planning your take-action project, from creating a budget to developing a timeline, and how to raise a service project to a sustainable take-action project with global connections. The project proposal process will also be reviewed, including the required paperwork.

Adults and leaders are welcome to attend, but must register for the workshop.

Who: Girl Scout Seniors and Ambassadors  
Date: Tuesday, January 17, 2012  
Time: 6:30 - 8:30 P.M.  
Location: Bartlett Nature Center at James "Pate" Philip State Park, 2054 West Stearns Road, Bartlett, IL  
Fee: \$2 per Girl / \$2 per Adult  
Min. / Max.: 7 / 40 Girls - 2 / 20 Adults  
Registration: January 2, 2012  
Staff Contact: Pam Schnecke, Ext. 7140

#### VERBAL DEFENSE FAMILY DAY [47]

Learn how to keep your family safe by working together and using skills to reduce conflict, keep fights from escalating, and deal with bullies, all while gaining confidence and having fun together!

Who: All Girl Scouts and Their Families  
Date: Saturday, January 21, 2012  
Time: 3 - 4:30 P.M.  
Location: Kyuki-Do Martial Arts of Huntley, 10993 Ruth Road, Huntley, IL  
Fee: \$3 per Participant (Child or Adult) , plus a donation item for It's Our Little Secret  
Includes: Fun Patch  
Min. / Max.: 15 / 40 Participants  
Notes: (1) Girls must register with at least one adult family member.  
(2) Siblings over five are welcome.  
(3) A signed waiver will be required for this event.  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **ROCK YOUR WORLD [51]**

Program Focus: Adventure

Do you want to see the world from another angle? Then get ready to rock as you make your way up, up, up the indoor rock climbing wall at Vertical Endeavors! Learn a few climbing basics, then take to the wall for some high adventures. Perfect for first-time climbers! (Can't get enough? Check out "Crazy For Climbing" in our Spring booklet in February.)

Who: Girl Scout Juniors, Cadettes, Seniors and Ambassadors  
Date: Saturday, January 21, 2012  
Time: 10 A.M. - 12 Noon  
Location: Vertical Endeavors, 28141 Diehl Road, Warrenville, IL  
Fee: \$18 per Girl / No fee for adult chaperones, but registration is required.  
Includes: Fun Patch  
Min. / Max.: 8 / 45 Girls - 1 / 15 Adults  
Registration: Ends January 4, 2012  
Note: A signed waiver will be required for this event.  
Staff Contact: Brooke Radford, Ext. 7147

## **BALANCE THROUGH YOGA [52]**

Journey Connection: aMAZE; MEdia; Girltopia; Mission Sisterhood; Bliss: Live It! Give It!

Computers, cell phones, Internet, texts, and tweets! We're plugged into technology most of the day. Unplug for a while and find tranquility through yoga. Clear your mind and strengthen your body as you learn the beauty of calm.

Who: Girl Scout Cadettes, Seniors and Ambassadors  
Date: Saturday, January 21, 2012  
Time: 2 - 3 P.M.  
Location: State Street Dance, 9 North 4th Street, Geneva, IL  
Fee: \$10 per Girl / \$8 Adult (If Participating)  
Min. / Max.: 10 / 30 Girls - 10 / 30 Adults  
Registration: Ends January 4, 2012  
Staff Contact: Brooke Radford, Ext. 7147

## **CAMP EXPLORATION [103]**

Pathways: Camp

Explore camp with your troop and/or family as you try various camp activities. Try cross country skiing (Girl Scout Juniors and older), sled down the Camp Dean sledding hill, create a winter time craft, and enjoy a delicious snack.

Who: All Girl Scouts and their families  
Date: Saturday, February 4, 2012  
Time: 10 A.M. - 2:00 P.M.  
Location: Camp Dean, 46W253 Camp Dean Rd., Big Rock  
Fee: \$10 per youth; \$5 per adult  
Includes: Fun Patch

Min. / Max.: 20 / 50 youth; 2 / 30 adults  
Registration: Ends January 18, 2012  
Note: A signed waiver will be required for this event.  
Staff Contact: Felecia Dupczak, Ext. 7161