

Get Outdoors Challenge

## Spring Checklist for\_\_\_\_\_

Troop #\_\_\_\_\_

| Shop at a farmer's market  | Learn how compost helps<br>your gardens   | Go on a family bike ride   |  |  |
|--|---|--|--|--|
| Try yoga outdoors  | Create a story about an<br>enchanted garden and what<br>you can do to protect it from<br>harm       | Go fishing   |  |  |
| Blow on a dandelion puff   | Make a spring nature journal  | Look for baby birds  |  |  |
| Attend an open house at one of GSNI's camps.   | Jump in rain puddles  | Go berry picking   |  |  |
| Make a suncatcher  | Learn how plants grow from seeds to a full plant.   | Make a daisy or clover<br>chain crown                                    |  |  |
| Play at the playground   | Learn about shelter building<br>and build an outdoor fort   | Watch for a rainbow  |  |  |
| Make an outdoor obstacle<br>course   | Take a photo outside your<br>window every day<br>throughout all of spring and<br>watch nature grow! | Play your favorite spor<br>or outdoor game with<br>your troop or friends |  |  |
| Make friendship bracelets  | Design a treehouse that<br>would fit perfectly on your<br>favorite tree                             | Soak in some sunshine  |  |  |
| Put on an outdoor show<br>(including songs and skits) for<br>your family and friends | Make a rain gage  | Make rainbow slime   |  |  |
| Earn a STEM-themed Girl<br>Scout Badge   | Plan a Take Action project<br>with your troop   | Take a walk in the rain  |  |  |
| Jump rope  | Press flowers   | Go on a nature hike  |  |  |
| Make a playlist of outdoor-<br>inspired songs or spring-<br>themed songs             | Make a pinwheel   | Play mini golf   |  |  |
| Draw with chalk outdoors   | Identify three types of trees in<br>your neighborhood   | Earn the Climate<br>Challenge Patch                                      |  |  |

| Get Outdoo                             | r Challenge!  | $-S^{\dagger}$ | pring A   | ctivities con         | tinue  | 1  |  |  |  |
|--|---|----------------|---|-----------------------|--------|--|--|--|--|
| Plant flower s                         | seeds   |                | Celebrate Earth Day   |                       | Wat    | Watch for butterflies                            |  |  |  |
| Try the rain c experiment              | loud in a jar   |                | Go to a b   | Go to a baseball game |        |  | Go on a picnic   |  |  |
| Go on a bug hunt                       |   |                | Design a fairy garden   |                       |        | Cere   | Attend a Highest Award<br>Ceremony in your<br>service unit or town |  |  |
| Write a poem                           | about spring  |                | Fly a kite  | 2                     |        |  |  |  |  |
| make you fee                           | Write down ten things that<br>make you feel peaceful when |                | Make a music playlist<br>featuring 12 Asian, Hawaiian,                    |                       |        | Go for a walk and look<br>for the first signs of |  |  |  |
| you are outdoors.                      |   |                | and/or Pacific Islander artists<br>with your favorite styles of<br>music. |                       |        | spri   | ng   |  |  |
| -                                      | Learn about poison ivy – how<br>to spot and how to treat. |                | Look at the clouds and describe the shapes you see.                       |                       |        |  | Read your favorite book outdoors                                   |  |  |
| Make s'mores while singing silly songs |   |                | Make and learn about<br>sundials to tell time                             |                       |        | Make an outdoors first<br>aid kit                |  |  |  |
| Number of                              | Number of Activities Required Per Grade Level             |                |   |                       |        |  |  |  |  |
| Daisy                                  |   | -              | nior  | Cadette               | Senior |  | Ambassador   |  |  |
| 15                                     | 20  | 25             |   | 30                    | 35     |  | 40   |  |  |

From March 21, 2024 to May 20, 2024, complete as many activities as possible from the list above. Once you have finished the required number of activities for your grade level, hand this form into your troop leader and/or parent. They will make arrangements for you to receive your Get Outdoors Challenge participation patch.

Center patch cost is \$2.00

Seasonal rocker patches cost \$1.25

Have fun sharing your stories and pictures with us by emailing stories@girlscoutsni.org