girl scouts of northern illinois

# Girl Scouts of Northern Illinois
# Health History Form for Minors
# For Domestic Travel

**Health History:** The more complete information you provide, the better we can work with your child to ensure they receive the care they need.

*Please type or write clearly and legibly.*

| **Name of Minor:** (Last, First, Middle Initial) | **Date of Birth:** (XX/XX/XXXX) | | |
|---|---|---|---|
| **Address:** | **City:** | **St:** | **Zip:** |
| **Parent or Guardian:** | **Phone:** | **Alternate Phone:** | |
| **Parent or Guardian:** | **Phone:** | **Alternate Phone:** | |

**Emergency Contact Information (parent/guardian):**

| **Emergency Contact:** | **Relationship:** |
|---|---|
| **Phone:** | **Alternate Phone:** |

**Health Insurance Information** (Family insurance is primary insurance in case of accident or illness, Girl Scout insurance is secondary.)

| **Policy Holder's Name:** | **Policy Number:** |
|---|---|
| **Insurance Company Name:** | **Group Number:** |
| **Insurance Company Address:** | **Insurance Company Phone:** |

**Check all that apply and explain in detail checked answers:**

| | | | |
|---|---|---|---|
| ☐ | Diabetes | ☐ | Sleep disturbances |
| ☐ | Heart Defects/Disease | ☐ | Fainting |
| ☐ | Asthma | ☐ | Bed wetting |
| ☐ | Ear Infections | ☐ | Constipation |
| ☐ | Musculoskeletal Disorders | ☐ | Chicken Pox |
| ☐ | Convulsions/Epilepsy/Seizures | ☐ | Measles |
| ☐ | Sinusitis (Sinus Infections) | ☐ | German Measles |
| ☐ | Physical Restrictions | ☐ | Mumps |
| ☐ | Kidney/bladder illness | ☐ | Rheumatic Fever |
| ☐ | Mental/psychological disorder | ☐ | Tuberculosis |
| ☐ | Hypertension | ☐ | Kidney Disease |
| ☐ | Arthritis | ☐ | Eating Disorders (Anorexia, Bulimia, etc.) |
| ☐ | Nosebleeds | ☐ | Headaches/Migraines |
| ☐ | Has begun menstruation | ☐ | Had surgery or hospitalized in the last 5 years |
| ☐ | Menstrual cramps | ☐ | Currently under doctor's care |
| ☐ | Bleeding disorder | ☐ | Emotional – Separation Anxiety |
| ☐ | Other: | | |

| **Please explain in detail all checked answers marked above:** |
|---|
| |

**Allergies:** Please list all allergies, the type of reaction and its severity, treatment and date of last reaction. Include allergies to medications, food, bees, animals, plants, etc.

| Allergies | Reaction/ Severity | Treatment | Date of last Reaction |
|---|---|---|---|
| 1. | | | |
| 2. | | | |
| 3. | | | |

Does your child suffer from Anaphylaxis? Yes No
*Anaphylaxis is a severe allergic reaction marked by swelling of the throat or tongue, hives, and trouble breathing.
Does your child carry an Epipen? Yes No

Does your child carry an inhaler? Yes No

**Medical Conditions** (including any precautions or restrictions on activities)

| Name of Condition | Effects |
|---|---|
| 1. | |
| 2. | |
| 3. | |

**Medications**: List any medications your child is currently taken (or has taken in the recent past) including dosage schedule and specific instructions for use. Also, please indicate (Yes/No) if minor is allowed to take the medication on her own or if they should be monitored by an advisor. This would include any type of birth control.

| Medication | Purpose | Dosage Schedule | Specific Instructions | Self-Medicate? (Yes/No) |
|---|---|---|---|---|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| 4. | | | | |

**Over-the-Counter Medications:** My child has permission to take over-the-counter medications in case of accident or injury. Please check all that they have permission to take:

- ☐ Tylenol/Acetaminophen
- ☐ Aspirin (fever reducer)
- ☐ Ibuprofen (pain/swelling)
- ☐ Benadryl/Antihistamine
- ☐ Robitussin/expectorant
- ☐ Sudafed/decongestant
- ☐ Pepto Bismol
- ☐ Tums/antacid
- ☐ Imodium (anti-diarrhea)
- ☐ Dramamine (motion sickness prevention)
- ☐ Skin Ointments (in case of rash, antibacterial, athlete's foot, etc.)
- ☐ Other: _____
- ☐ Other: _____

**Special considerations or notes regarding over-the-counter medications:**

**Does your child have a Special Medical or Dietary Regiment to be followed?** Yes No
If so, please explain: _____

**Have you ever had any adverse reactions to general anesthetics?** Yes No
If so, please explain: _____

**Any other information not covered in this form that is important that advisors for this trip know:** _____

_____

**HEALTH INFORMATION PRIVACY STATEMENT**

The **Health History Form for Minors** is for health care concerns at the specified event only. All records will be handled by staff/volunteers whose job includes processing or using this information for the benefit of the participant. All medical records will be held in limited access by the health care supervisor for the specific event. Minimal necessary information may be shared with event staff/volunteers in order to provide adequate participant safety and health care. This form will be retained for seven years past the age of maturity of the participant. Access to the information will be limited, but copies may be requested from the event sponsor, by the participant or their legal representative. I have read the above procedures for handling the health and medical form and I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

**This Health History Form for Minors is complete and accurate. My child has permission to engage in all prescribed activities, except as noted by me and the examining physician.**

**Signature of Parent/Guardian:** _____ **Date:** _____