



Fall Checklist for _____ Troop # _____

Get Outdoor Challenge! – Fall Activities		
Rake leaves for a family member or neighbor	Read a book outside	Carve or paint a pumpkin
Go on a Fall-themed scavenger hunt	Look for animal tracks	Go on a night hike with your family through your neighborhood
Make homemade apple sauce or apple butter	Travel the Mary Ann Beebe Center Bird Scavenger Hunt	Make pumpkin spice hot chocolate
Draw or journal about the changing season you see outside	Create and Innovate! Upcycle something into an accessory for your Halloween costume	Make a craft using fallen leaves or nature
Help clean up a garden for the season	Try painting nature scenes on leaves	Visit a farmer's market
Make homemade jewelry and gift it to someone	Learn what famous Girl Scout has a birthday on October 31	Attend any GSNI Program with your troop or family
Learn what local wildlife do to prepare for hibernation in the winter	Measure a collection of fallen leaves and graph the data	Make a thankful tree
Explore a bug's home and learn how they help us and the environment	Learn about responsible consumption and the Girl Scout Global Action Award	Attend one of GSNI's camp service days
Plan a game night with your family or troop	Learn about the fall constellations and go stargazing	Make a birthday card for Juliette Gordon Low
Watch the autumn sunset	Go on a fall picnic with your family	Bake your own pumpkin seeds
Go for a hayride or horseback riding	Make a meal with fresh produce from a garden	Find patterns on something in nature
Make a no-sew blanket	Play hide-and-seek at night with your family	Eat a caramel apple
Go apple picking	Watch your favorite fall movie with your family	Make homemade soup or stew

Get Outdoor Challenge! – Fall Activities continued

Create and film your own fall-themed movie outdoors	Help cook a dish for Thanksgiving	Practice being kind outdoors with the Leave No Trace principles
Take a photo outside your window the same time every day for two weeks and watch nature change for the season	Learn about and teach a younger friend why the leaves change colors in the fall	Visit your local library
Watch the first snow of the season	Learn how the original Indigenous stewards of the land where you live grew or gathered food	Turn on the Monster Mash and have a dance off!
Practice yoga outside for 20 minutes	Draw a self portrait that captures your current mood	Go Letterboxing or geocaching
Organize a food drive with your troop or neighborhood	Go on a scavenger hunt looking for items using all 5 senses	Make your own trail mix
Create a Happiness Box and fill it with activities to boost your mood this winter	Write a song about the fall season in your eyes	Make a comic strip about a superpowered animal
Decorate your porch or front yard for fall	Visit a fall faire	Make a bird feeder

Number of Activities Required Per Grade Level

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	40

From September 22 to December 22, 2023, complete as many activities as possible from the list above. Once you have finished the required number of activities for your grade level, hand this form into your troop leader and/or parent. They will make arrangements to make sure you receive your Get Outdoors Challenge participation patch.

Center patch cost is \$2.00

Seasonal rocker patches cost \$1.25

Have fun sharing your stories and pictures with us by emailing stories@girlscoutsni.org